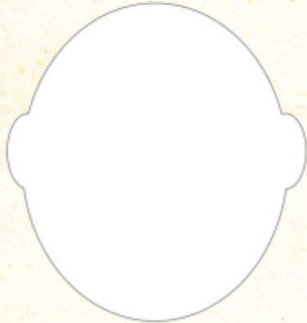


# Anger Map



What kind of face do you have when you are angry? ▼



What things do you say? ▼



How do you behave when you're angry? ▼

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What happens to your body when you're angry? ▼

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Other ways of handling my anger ▼

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What could your anger help you to achieve? ▼



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Have you learnt anything about your anger? ▼



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What helps when you're angry?

